

Floral Embroidery



Companion
project for
Sundressing
by Melissa Mora

Shown
(not at actual size):
Floral Embroidery on
the Primrose Dress from
the book *Sundressing* by
Melissa Mora.



Floral Embroidery

Part of what makes the Primrose Dress from Sundressing so irresistible is the beautiful embroidery that adorns the skirt. This delightful detail gives a nice finishing touch to a dress that strikes the perfect balance between simplicity and style.

Printing the Embroidery Pattern

When printing Adobe PDF patterns, make sure your print settings are set so that there is no page scaling ("unscaled"). Look for the 2" × 2" (5.1cm × 5.1cm) test square to ensure that the pieces are printed correctly. The right-way and mirror-image patterns for the smaller size of embroidery should each print on a single page; for the larger embroidery, you will need to tape the pieces for the right-way and mirror-image patterns together, matching up marks and referring to the diagrams below. Refer to step 1 to select the size of embroidery that you want to use.

Materials

Fabric to embroider

Embroidery floss

Shown is DMC Pearl Cotton, in the following colors:

Light Tan (115 5-437)

Very Light Topaz (115 5-727)

Light Tangerine (115 5-742)

Medium Garnet (115 5-815)

Dark Navy Blue (115 5-823)

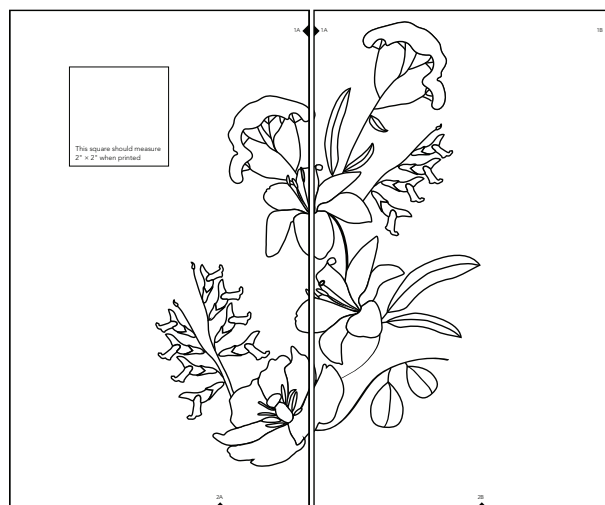
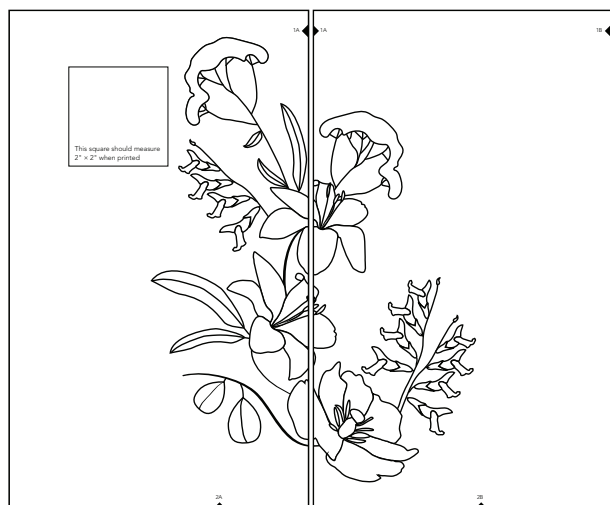
Medium Forest Green (115 5-988)

Embroidery needle

Embroidery hoop

Transfer materials (carbon paper or transfer pen)

Rotary cutter, cutting mat and ruler





Shown: Primrose Dress from the book *Sundressing* by Melissa Mora. Floral embroidery shown on the dress is 18" (45.7cm) tall by 13" (33cm) wide at actual size.

Choose an Embroidery Size

First, determine which size you want the embroidery to be on the fabric you are adding it to:

* **Large** = 18" (45.7cm) tall by 13" (33cm) wide

* **Small** = 9" (22.9cm) tall by 6½" (16.5cm) wide

Print the Pattern

There are four pattern images available to choose from for this project: a right-way image and a mirror (or reverse) image for each size of embroidery. If you plan to use the carbon transfer method to transfer the pattern to your fabric, print the right-way embroidery pattern of your chosen size (large or small). If you will use a transfer pen, print the mirror image of your chosen size instead.

Transfer the Pattern

If you are using the larger design, cut off the borders and tape the pattern pages together. The smaller design will print entirely on a single sheet.

Transfer the pattern to your chosen fabric. To do this using the carbon transfer method, place carbon paper carbon-side down against the right side of the fabric, then place the embroidery design over the carbon paper. Then trace over the lines with a stylus or a ball-point pen to transfer the design onto the fabric.

To transfer with a transfer pen, go over the design with the pen, then place the design facedown against the right side of the fabric. Use an iron to press and transfer the design, being careful not to melt the tape onto your iron if using the larger design.

Stitch the Pattern

Hoop the design. You may need to hoop only part of the design and move the hoop after that part of the design is finished.

Stitch the design, referring to the various stitch instructions and the Color and Stitch Guide as a suggestion for placing colors and stitches.

When finished stitching, remove the project from the hoop and hand-wash with lukewarm water and mild soap. Press the project using a pressing cloth. If the embroidery is used in a garment, the garment should be hand-washed or washed in the delicate cycle and hung to dry.



Piecing together the pattern

The larger design will print on four separate sheets that will need to be trimmed and taped together. The smaller design will print on a single sheet.



Back stitch

Bring the needle up through the line one stitch length away from the last stitch. Take the needle down through the fabric on the line right next to the last stitch.



Stem stitch

Hold the thread to the right side of the line. Insert the needle to the right of the line, then bring it up to the left of the line, next to the last stitch.



French knot

Bring the needle up through the fabric. Holding the thread tight with your opposite hand, wrap the thread around the needle twice, then insert the needle next to where you brought it up. Pull the thread through the wraps, forming a three-dimensional knot.

Color and Stitch Guide



French knots



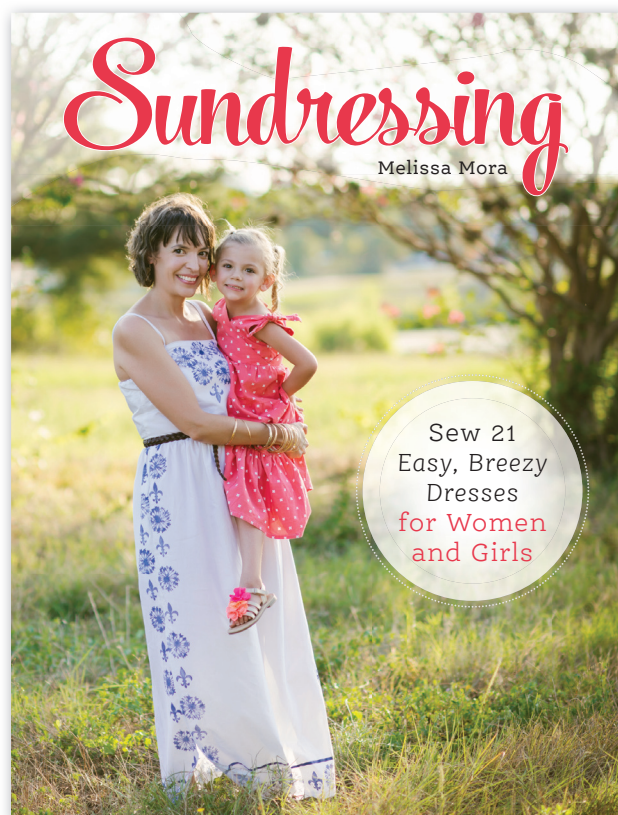
Stem stitch



Back stitch



Brighten Your Wardrobe with *Sundressing*



If you like the **Rosette Headband** from sewing extraordinaire Melissa Mora, you will adore the light and lovely dress designs in her new book *Sundressing*! Inside you will find easy-to-follow instructions and patterns for 21 fabulous dresses fit for daytime, playtime or a night on the town. Each flattering design can be made to suit the size you need, from toddler to preteen, or misses to plus size. Get your copy today, and let a little light into your closet!

Fons&Porter
CINCINNATI, OHIO



When printing Adobe PDF patterns, make sure your print settings are set so that there is no page scaling ("unscaled"). Look for the 2" × 2" (5.1cm × 5.1cm) test square to ensure that the pieces are printed correctly. The right-way and mirror-image patterns for the smaller size of embroidery should each print on a single page; for the larger embroidery, you will need to tape the pieces for the right-way and mirror-image patterns together, matching up marks and referring to the diagrams at the beginning of the project.

This square should measure
2" × 2" (5.1cm × 5.1cm)
when printed



Small Size, Right Way

SUNDRESSING.

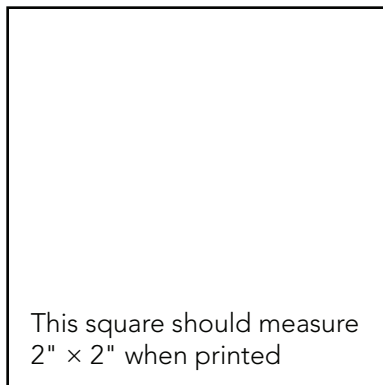
Copyright © 2016 by Melissa Mora. All rights reserved. These patterns are for personal use only. By permission of the author and publisher, they may be hand-traced to make single copies, but under no circumstances may they be resold or republished.



Small Size, Mirror Image



Copyright © 2016 by Melissa Mora. All rights reserved.



Tile 1 of "Large Size, Right Way"

Copyright © 2016 by Melissa Mora. All rights reserved.



1A

1B



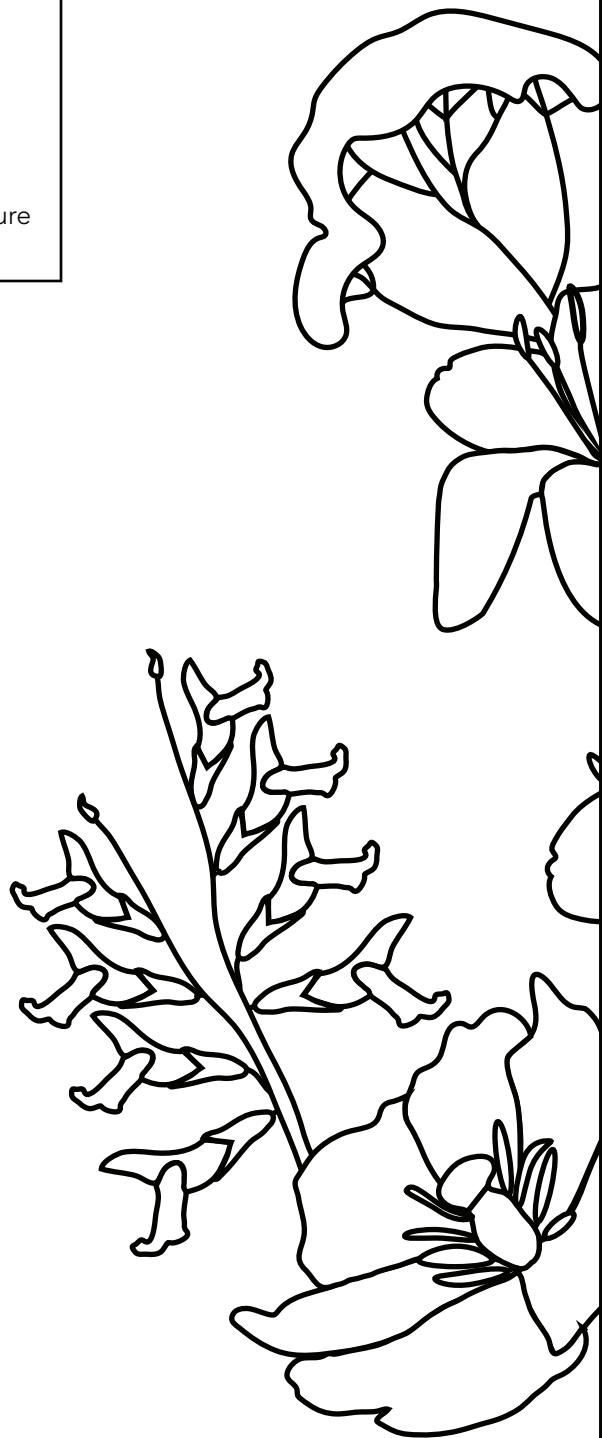
Tile 2 of "Large Size, Right Way"



Copyright © 2016 by Melissa Mora. All rights reserved.

2B

This square should measure
2" × 2" when printed



Tile 1 of "Large Size, Mirror Image"

Copyright © 2016 by Melissa Mora. All rights reserved.

fw

